# **SIZE MATTERS.**

We love things that get our blood racing. We hate things that stop our blood racing. Getting the right size is vital to ensuring the benefits of SKINS are optimised. Too tight or too loose and you might not get all the benefits of enhanced performance and faster recovery that SKINS provide.

Each product has its own specific size chart, so this document has been compiled to help you find the right size chart for all SKINS products.

#### 400 Series sizing - the ultimate fit

Our 3D body scans of hundreds of active sports men and women allowed us to create what are arguably the best fitting compression garments on the market.

#### For men:

400 Series men's products are developed to take into account three different height categories.

#### For women:

Our core A400 and RY400 women's garments use a unique sizing system that not only takes into account height and weight, but also your body shape.

'A' shaped bodies have a small waist in relation to the hip and thigh.



'H' shaped bodies have little variation in shape from waist to the hip and thigh.

#### 200 Series sizing

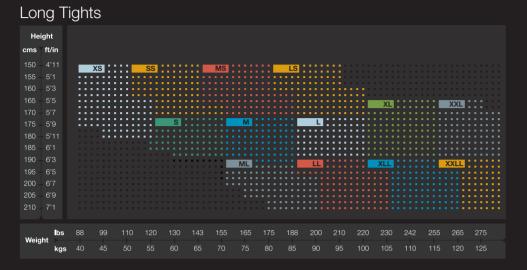
Our A200 range is based on a BMI/anthropometrical algorithm using height, weight and chest measurements to determine the correct size product. By controlling the stretch and recovery of the fabric as well as using specifically developed pattern making techniques based on our unique sizing system, we are able to ensure the correct level of surface pressure for most body shapes.

#### Cycle Pro sizing

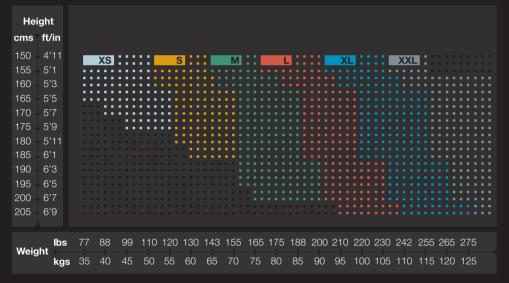
Cycle pro sizing (like the A200 range) is based on a BMI/ anthropometrical algorithm using height, weight and chest measurements to determine the correct size product.

Please note, not all product styles and colours are available in all sizes





## 3/4 Tights, Half Tights & Shorts



Long Sleeve, Short Sleeve & Sleeveless Tops







Women's



Long Sleeve, Short Sleeve & Racer Back Tops

	XS		S	M		XL	
Chest circumference at widest point	Up to 79cms Up to 31"	1	79 - 86cms 31 - 34"	86 - 94cms 34 - 37"	94 - 101cms 37-40"	101cms + 40"+	





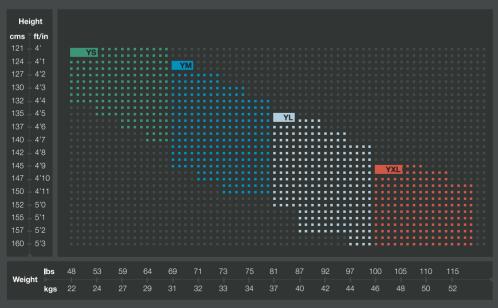
'A' shaped bodies have a small waist in relation to the hip and thigh.



'H' shaped bodies have little variation in shape from waist to the hip and thigh.

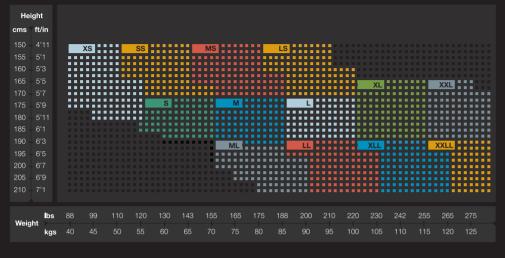
# Youth







## Long Tights



## Long Sleeve Top

Measur circumf at wide																						
Chest	cms	76	79	81	84	86	89	91	94	97	99	102	104	107	109	112	114	117	119	122	124	
onest	inches	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	



# RY490

## Women's

-----



## Long Sleeve Top

	XS		M		XL
Chest circumference	Up to 79cms	79 - 86cms	s 86 - 94cms	94 - 101cms	101cms +
at widest point	Up to 31"	31 - 34"	34 - 37"	37-40"	40"+

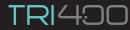




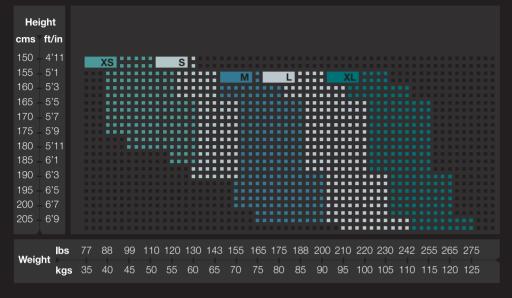
'A' shaped bodies have a small waist in relation to the hip and thigh.



'H' shaped bodies have little variation in shape from waist to the hip and thigh.

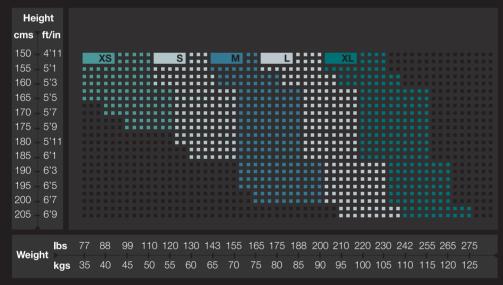


## Sleeveless Suit



TRIATHLON

#### Shorts



### Sleeveless Top

Measure circumfe at widest	rence		XS			S			M						XL			
Chest	cms inches	79 31	81 32	84 33	86 34	89 35	91 36	94 37	97 38	99 39	102 40	104 41	107 42	109 43	112 44	114 45	117 46	

# TRI400

## Women's

-----

## Sleeveless Suit



#### Shorts



## Racer Back Top

			M	
Chest circumference at widest point	Up to 79cms	79 - 86cms	86 - 94cms	94 - 101cms
	Up to 31"	31 - 34"	34 - 37"	37-40"





He	ight																				
cms	ft/in																				
150	4'11		XS			S															
155	5'1								N.				•••		X	XI	XI	XX	XI	XXI	XXI
160	5'3																				
165	5'5																				
170	5'7																				
175	5'9																				
180	5'11																	• • • <del>• • • • • • • • • • •</del>			
185	6'1																				
190	6'3																				
195	6'5																				
200	6'7																				
205	6'9																				
Weig	lbs	; 77	88	99	110	120	130	143	155	165	175	188	200	21	0	0 220	0 220 230	0 220 230 242	0 220 230 242 255	0 220 230 242 255 265	0 220 230 242 255 265 27
Melé	kg	<b>s</b> 35	40	45	50	55	60	65	70	75	80	85	90	95	5	5 100	5 100 105	5 100 105 110	5 100 105 110 115	5 100 105 110 115 120	5 100 105 110 115 120 12

Compression Bib Shorts & Thermal Bib Longs

Wind Vest & Thermal Long Sleeve Jersey (non compression)

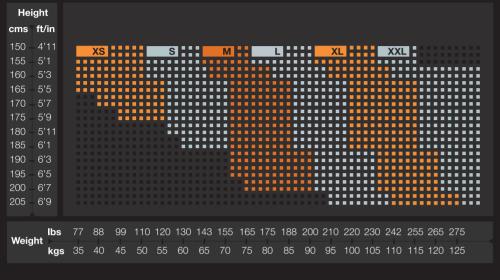
					XL	
Measure chest circumference at widest point	Up to 81cms Up to 32"	81 - 86cms 32 - 34"	86 - 96cms 34 - 38"	96 - 107cms 38 - 42"	107 - 117cms 42 - 46"	117cms + 46"+

Compression Long & Short Sleeve Jerseys

Measure circumfe at widest	rence																			
Chest	cms	79	81	84	86	89	91	94	97	99	102	104	107	109	112	114	117	119	122	
onest	inches	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	

CZCLE





Thermal all-in-one suit, Long Tights & 3/4 Tights

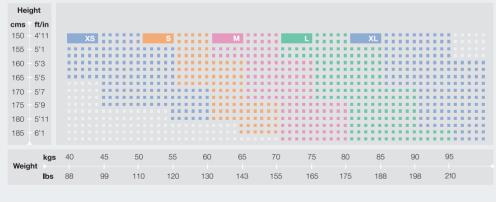
Thermal Long Sleeve Tops



## Women's

-----

Thermal Long Tights & 3/4 Tights



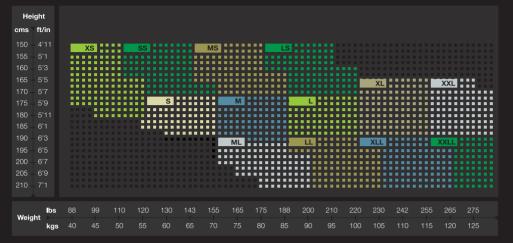
Thermal Long Sleeve Tops



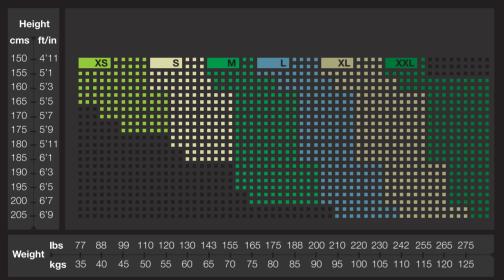




## Long Tights



#### Shorts



## Long Sleeve & Short Sleeve Tops

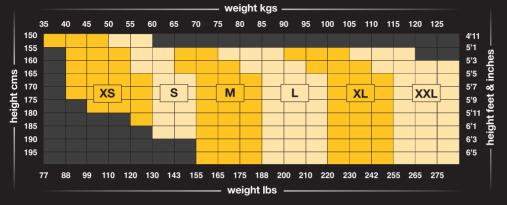
Measur circumf at wide	ference	-																	:::			
Chest	cms inches	76 30	79 31	81 32	84 33	86 34	89 35	91 36	94 37	97 38	99 39	102 40	104 41	107 42	109 43	112 44	114 45	117 46	119 47	122 48	124 49	







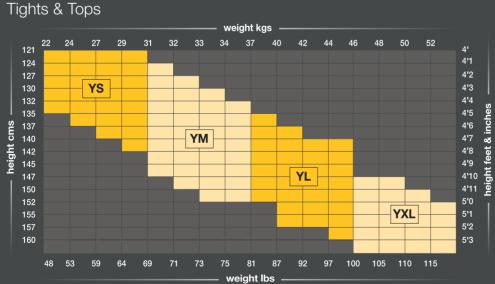
## Long Tights, 3/4 Tights & Shorts, plus Thermal Long Tights



## Long Sleeve & Short Sleeve Tops, plus Thermal Tops

	chest cms																
79	81	84	86	89	91	94	97	99	102	104	107	109	112	114	117	119	122
		S –			2			<u>и</u> –					<b>_ x</b>				KL
		. <b>.</b>		Ļ	<u> </u>		''			╶╷╺	·		^	╘╷╴		~~~	
31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48
								_ che	est incl	hes _							

## Youth







## Women's



Long Tights, 3/4 Tights & Shorts, plus Thermal Long Tights



## Long Sleeve, Short Sleeve Tank & Racer Back Tops, plus Thermal Tops

XS	S	M	L	XL
Up to 79cms	79 - 86cms	86 - 94cms	94 - 101cms	101cms +
Up to 31"	31 - 34"	34 - 37"	37 - 40"	40" +

## Cycle pro

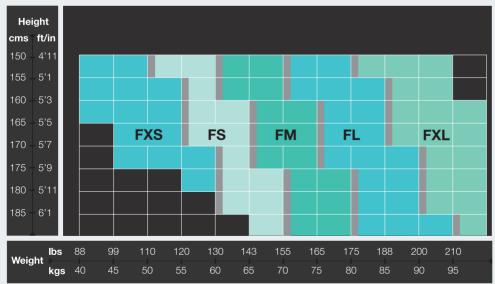
## Men's



## Women's

-----

## Bib Shorts & Shorts

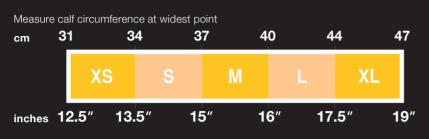




## Men's and Unisex

------

## Calf Tights with Stirrup & Calf Tights MX



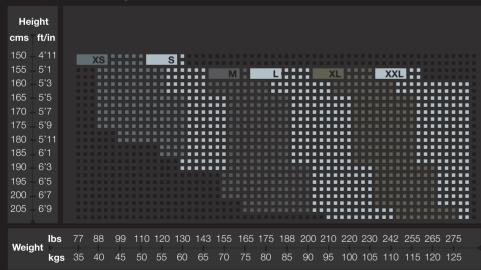
#### Sleeves

Measure bicep circumference at widest point 33.5 37 41 26 29 31 cm XS XL inches 10.5" 11.5″ 12.5" 13.5" 15″ 16.5"

## Men's C400 Essentials

-----

## **Compression Leg Sleeves**



## Men's G400 Essentials

# Calf Tights with Stirrup

Calf Size

31 - 34 cms 12.5" - 13.5'

34 - 37 cms 13.5" - 15"

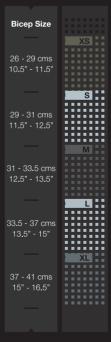


Sleeves

Measure calf circumference at widest point

#### Measure bicep circumference at widest point

## Compression Arm Sleeves



Measure bicep circumference at widest point

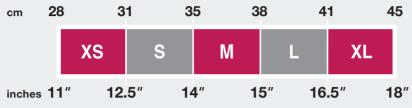


## Women's

-----

## Calf Tights with Stirrup

Measure calf circumference at widest point



## Sleeves

Measure bicep circumference at widest poin



# Travel recovery

Unisex

## Long Tights

